

LEGAL AID

Legal Hotline for Older Iowans 800-992-8161
Iowa Legal Aid - Des Moines 800-532-1275
Sioux City 712-277-8686
Iowa Lawyer Referral Service 800-532-1108
Or www.iowafindalawyer.com

MENTAL HEALTH/COUNSELING

Bethany Christian Services 712-737-4831
-Pregnancy Counseling/Adoption—Orange City
Creative Living Center 712-476-5245
-Crisis Line 888-587-2537
Sioux Rivers Regional MHDS—Lyon Co.
-Guide, Resource for mental health & disability services.
712-472-8240
-24/7 Your Life Iowa Call 855-581-8111
-27/7 Your Life Iowa Text 855-895-8398
Season Center for Community Mental Health
-Crisis Line/Appointments/Children's Autumn Center:
800-242-5101
U.S. National Suicide Hotline 800-273-8255
SAMHSA National Helpline 800-622-4357

NUTRITION PROGRAMS

Shari's Kitchen
Dinner Date/Meals on Wheels 712-472-4609
George Good Sam/M.O.W. 712-475-3391
Food Pantries:
Inwood-The Healing Room 712-470-2205
Larchwood (United Church of Christ) 712-477-2568
Atlas of Lyon County 712-472-9016
Siouxland Mobile Pantry 712-255-9741
Faith Temple Food Giveaway
Sioux Falls 605-332-2303

RURAL CONCERNS

Iowa State University Extension
Iowa Concern Hotline 800-447-1985
-Financial questions, legal issues, family transitions

SPIRITUAL SUPPORT

ATLAS of Lyon County 712-472-9016
-Exploring the relationship between Faith & Life, mentoring services.
-Financial education through the Center for Financial Education
The Healing Room 712-470-2205
-12 Step Christian Recovery Programs/Christian Counseling

SUPPORT GROUPS

Alcoholics Anonymous
-Rock Rapids-Ransom Church, 610 S. 3rd
Monday 7:00 p.m.—Serenity Group
-Inwood-Bethlehem Lutheran Church, 302 Oak St.
Thursday 8:00 p.m. - Step Meeting
-Sheldon Noon Meeting-611 7th St.
Thursday 12:00-1:00 p.m.
-Sheldon Original Group Meeting
Tuesday 8:00-9:00 p.m. Sanford Hospital Basement
Alzheimers Association 800-272-3900
Grief Support (seasonal groups offered)
-Call First Reformed Church in Rock Rapids 712-472-3729

TRANSPORTATION

RIDES Bus 800-358-5037
-Reservation based public transportation\

UTILITY ASSISTANCE/WEATHERIZATION

Mid-Sioux Opportunity, Inc. 712-722-3611
-Low-income heating and energy assistance program (LiHEAP)
-Weatherization Program

EMPLOYMENT

IA Workforce Development- 712-262-1971

Lyon County Support Services Directory



Compiled and Distributed by:
Sioux Rivers Regional MHDS
&
Health Services of Lyon County
712-472-8240



Lyon County Support Services

ABUSE: ADULTS & CHILDREN

Child/Elder Abuse Hotline 800-362-2178
Dept. of Human Services 800-337-2943
Family Crisis Centers of NW Iowa
Crisis Line 800-382-5603
For Appt. in Rock Rapids 712-722-4404
Centers Against Abuse & Sexual Assault
877-362-4612
IA Domestic Abuse Hotline 800-942-0333
IA Sexual Abuse Hotline 800-284-7821
Rape, Abuse, and Incest Nat'l Network
800-656-HOPE (4673)
L.U.N.A. 866-256-7668
(Latinas Unidas Por Un Nuevo Amanecer)

ADVOCACY

Lyon County Community Services
-Resource Referral/Assistance 712-472-8240
-Health Care, Medicaid/Medicare, Benefit Assistance
ATLAS of Lyon County 712-472-9016
-Support for the hurting through listening, partnering and Mentoring
Hope Haven, Inc. 712-476-2737
-Intensive Psych Rehab/Peer Support
-Services for Mentally Ill and Disabled adults and children.
Iowa Compass 800-779-2001
-Guide to disability information and services
Lyon Co Victim Witness Coordinator
712-472-8545
Western IA Survivors of Homicide (WISH Unit) & Other Violent Crimes
800-382-5603
Elderbridge Agency on Aging
712-262-1775 or 800-243-0678
IA Victim Service Call Center
Text 'Iowahelp' to 20121 or 800-770-1650

SUBSTANCE ABUSE PROGRAMS

(Co-occurring Mental Health/Addiction Counseling)
Plains Area Mental Health 800-325-1192
Seasons Center for Behavioral Health 800-242-5101
BETS OFF (Gambling) 800-238-7633

CHILD AND FAMILY PROGRAMS

Area Education Agency 712-722-1643
-Birth to age 3 referral services, education and therapy services
-K-12 school support services
Child Care Resource & Referral 855-CHILD-1
-Daycare provider training and directory
Hawk-I Customer Service 800-257-8563
-Low cost health care coverage children 0-18 yrs.
Head Start/Early Head Start 712-472-2153
-Income based preschool programming for 3 and 4 year olds
Health Services of Lyon County 712-472-8200
-Childhood immunizations, lead education, car seat program
-Prenatal and postpartum home visiting program
Iowa Department of Public Health
- Healthy Families Hotline 800-369-2999
Lyon County ISU Extension 712-472-2576
-Agricultural and Business education programs/4-H
-Family nutrition and parenting programs
Iowa Extension Hotlines:
Home & Family Answer Line 800-262-3804
Weekdays 9-12, 1-4
TEEN Line (24hours) 800-443-8336
Personal & Health related information and referral
Iowa CONCERN 800-447-1985
Access to attorney for legal education, stress counselors, and Information and referral for many issues.
Farm On 877-BFC-1999
Mentors matching retired and beginning Farmers
Mid-Sioux Opportunities, Inc 800-859-2025
-Women, Infants, & Children (WIC), Maternal/Child Health program (prenatal).
M, T, Th, & F 712-722-3611
Wednesday in Rock Rapids 712-472-3746

HEALTH CARE

Ask-A-Nurse- Avera 877-282-8372
Ask-A-Nurse- Sanford 800-445-5788
Promise Community Health Center
877-722-1770
Health Services of Lyon County
- Public Health and Homemaker 712-472-8200
Lyon County Hospice 712-472-3618
Medical Clinics:
-Avera Clinic Larchwood 712-477-2185
-Avera Clinic George 712-475-6100
-Sanford Clinic Inwood 712-753-4401
-Sanford Clinic Rock Rapids 712-472-3333
-Avera Clinic Rock Rapids 712-472-5300
-Avera Merrill Pioneer Hospital
Rock Rapids 712-472-5400
Poison Control Center 800-222-1222

HOUSING

NW IA Regional Housing 712-262-7460
- Section 8 Housing Assistance Applications
Municipal Housing (HUD) 712-472-3896
Rosewood Heights 877-521-8750
- Over 65 and Disabled (HUD)

HOMELESS SHELTERS

Sioux Falls, SD:
Bishop Dudley House 605-809-8424
Union Gospel Mission 605-334-6732
St. Francis House 605-334-3879

Sioux City, IA:
Gospel Mission 712-255-1769
Warming Shelter 712-255-0084