

LEGAL AID

Legal Hotline for Older Iowans 800-992-8161
Iowa Legal Aid - Des Moines 800-532-1275
Sioux City 712-277-8686
Iowa Lawyer Referral Service 800-532-1108
Or www.iowafindalawyer.com

MENTAL HEALTH/COUNSELING

Bethany Christian Services 712-737-4831
-Pregnancy Counseling/Adoption—Orange City
Creative Living Center 712-476-5245
Northwest Iowa Care Connections—Lyon Co.
-Guide & Funding assist. for mental health & disability services.
712-472-8240
-24/7 Crisis Line 844-345-4569
Seasons Center for Community Mental Health
-Licensed Mental Health Counseling/Rock Rapids Office:
712-472-9605
-Crisis Line/Appointments/Children's Autumn Center:
800-242-5101
U.S. National Suicide Hotline 800-273-8255

NUTRITION PROGRAMS

Dinner Date/Meals on Wheels 712-472-2460
George Good Sam/M.O.W. 712-475-3391
Food Pantries:
Inwood (City Hall) 712-753-4833
Larchwood (United Church of Christ) 712-477-2568
Atlas of Lyon County 712-472-9016
Siouxland Mobile Pantry 712-255-9741
Faith Temple Food Giveaway
Sioux Falls 605-332-2303

RURAL CONCERNS

Iowa Concern Hotline 800-447-1985
-Financial questions, legal issues, family transitions

SPIRITUAL SUPPORT

ATLAS of Lyon County 712-472-9016
-Exploring the relationship between Faith & Life, mentoring services.
-Financial education through the Center for Financial Education

SUPPORT GROUPS

Alcoholics Anonymous
-Rock Rapids-Congregational Church
Monday 7:00 p.m.—Serenity Group
-Inwood-Bethlehem Lutheran Church
Thursday 8:00 p.m. - Step Meeting
Al-Anon— Family Members Group
- Sheldon Hospital Basement Meeting Room- Sunday 7:00 p.m.
Alzheimers Association 800-272-3900
Grief Support (seasonal groups offered)
-Call First Reformed Church in Rock Rapids 712-472-3729
Mentally Aware 712-472-4696
-American Reformed Church, Hull IA
Tuesdays 7:00 pm, contact Deb Anderson

TRANSPORTATION

RIDES Bus 800-358-5037
-Reservation based public transportation

UTILITY ASSISTANCE/ WEATHERIZATION

Mid-Sioux Opportunity, Inc. 712-722-3611
-For an appointment in Rock Rapids
-Low-income heating and energy assistance program (LiHEAP)
-Weatherization Program

Lyon County Support Services Directory



**Compiled and Distributed by:
Lyon County Resource
Advocate Office
712-472-8240**



Public Health
Prevent. Promote. Protect.

Lyon County Support Services

ABUSE: ADULTS & CHILDREN

Child/Elder Abuse Hotline 800-362-2178

Dept. of Human Services 800-337-2943

Domestic Violence Shelter- Sioux Center
800-982-7233

Family Crisis Centers of NW Iowa
Crisis Line 800-382-5603

For Appt. in Rock Rapids 712-722-4404

Centers Against Abuse & Sexual Assault
877-362-4612

IA Domestic Abuse Hotline 800-942-0333

IA Sexual Abuse Hotline 800-284-7821

Rape, Abuse, and Incest Nat'l Network
800-656-HOPE (4673)

ADVOCACY

Lyon County Resource Advocate

-Resource Referral/Assistance 712-472-8240

-Health Care, Medicaid/Medicare, Benefit Assistance

ATLAS of Lyon County 712-472-9016

-Support for the hurting through listening, partnering and mentoring

Hope Haven, Inc. 712-476-2737

-Intensive Psych Rehab/Peer Support

-Services for Mentally Ill and Disabled adults and children.

Iowa Compass 800-779-2001

-Guide to disability information and services

Lyon Co Victim Witness Coordinator

712-472-3770

Western IA Survivors of Homicide (WISH
Unit) & Other Violent Crimes 800-382-5603

Elderbridge Agency on Aging

712-262-1775 or 800-243-0678

IA Victim Service Call Center

Text 'Iowahelp' to 20121 or 800-770-1650

CHILD AND FAMILY PROGRAMS

Area Education Agency 712-722-4378

-Birth to age 3 referral services, education and therapy services

-K-12 school support services

Child Care Resource & Referral 877-216-8481

-Daycare provider training and directory

Hawk-I Customer Service 800-257-8563

-Low cost health care coverage children 0-18 yrs.

Head Start/Early Head Start 712-472-2153

-Income based preschool programming for 3 and 4 year olds

Health Services of Lyon County 712-472-8200

-Childhood immunizations, lead education, car seat program

-Prenatal and postpartum home visiting program

Lyon County ISU Extension 712-472-2576

-Agricultural and Business education programs

-Family nutrition and parenting programs

-4-H and Clover Kids programs

Iowa Extension Hotlines

Home & Family Answer Line 800-262-3804

Weekdays 9-12, 1-4

Healthy Families Hotline (24hours) 800-369-2229

Prenatal/Women's Healthcare Questions

TEEN Line (24hours) 800-443-8336

Personal & Health related information and referral

Iowa CONCERN 800-447-1985

Access to attorney for legal education, stress counselors, and
Information and referral for many issues.

Farm On 877-BFC-1999

Mentors matching retired and beginning Farmers

Mid-Sioux Opportunities, Inc 800-859-2025

-Women, Infants, & Children (WIC), Maternal/Child
Health program (prenatal).

For appt. in Rock Rapids call : 712-722-3611

SUBSTANCE ABUSE PROGRAMS

Compass Pointe 712-472-3442

-Substance Abuse, Gambling Addiction Counseling

Seasons Center for Behavioral Health

-Substance Abuse, Gambling Addiction Counseling

800-242-5101

BETS OFF 800-238-7633

EMPLOYMENT

IA Workforce Development-

Spencer 712-262-1971

HEALTH CARE

Ask-A-Nurse- Avera 800-658-3535

Ask-A-Nurse- Sanford 800-445-5788

Promise Community Health Center

877-722-1700

Health Services of Lyon County

- Public Health and Homemaker 712-472-8200

Lyon County Hospice 712-472-3618

Medical Clinics:

-Larchwood Clinic (Avera) 712-477-2185

-Sanford Clinic George 712-475-3393

-Sanford Clinic Inwood 712-753-4401

-Sanford Clinic Rock Rapids 712-472-3716

-Sanford Hospital Rock Rapids

712-472-2591

Poison Control Center 800-222-1222

HOUSING

NW IA Regional Housing 712-262-7460

- Section 8 Housing Assistance Applications

Municipal Housing 712-472-3896